

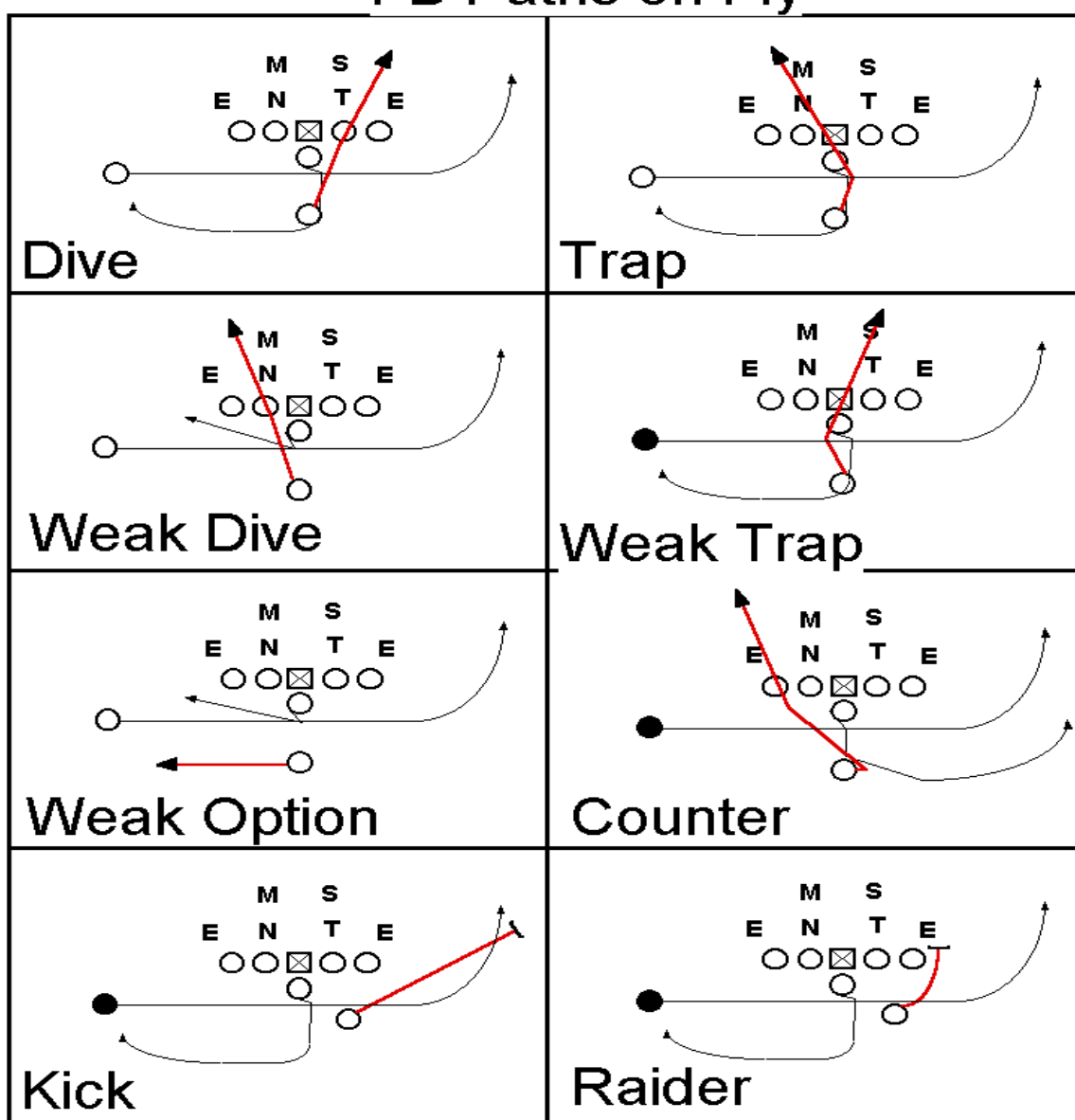
# "Triple Shoot"

## Run n Shoot Fly Series

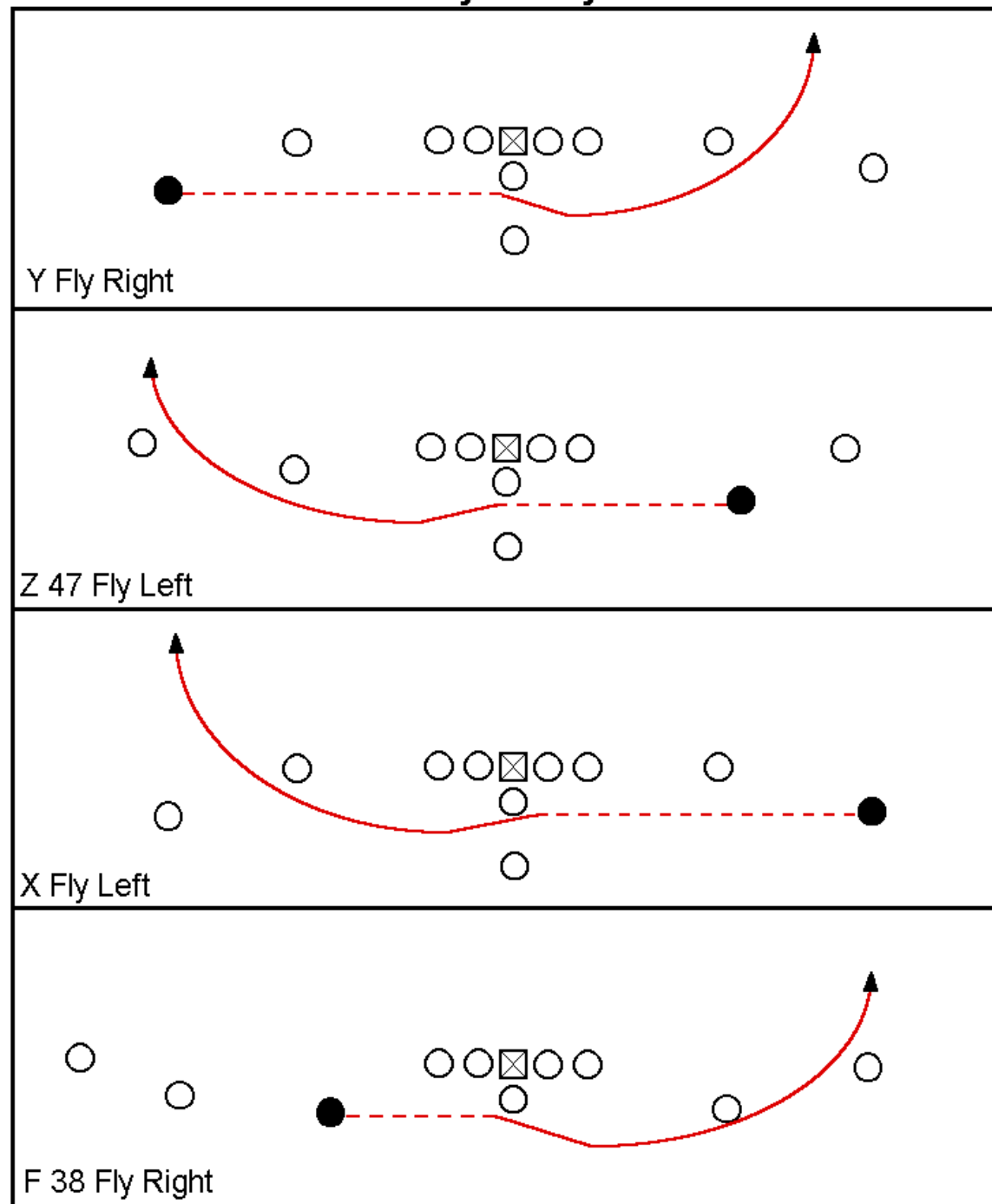
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### Fly Run Game

#### FB Paths on Fly

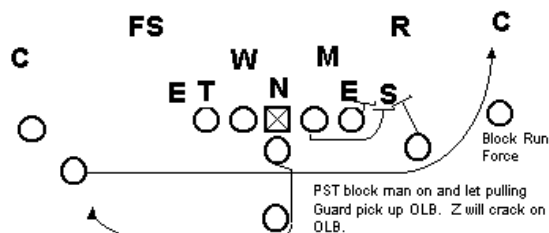


# Fly Plays



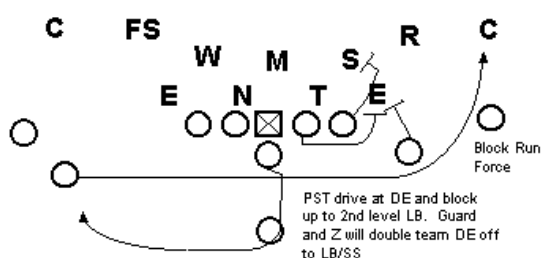
# Fly Problems

52/34 Defense



Wide DT

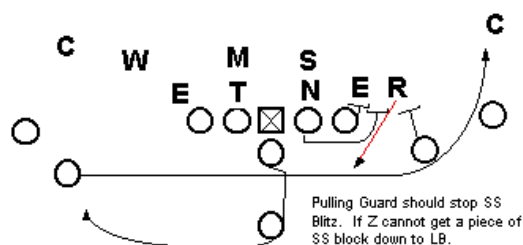
43/44 Defense



Wide DE

44 Defense

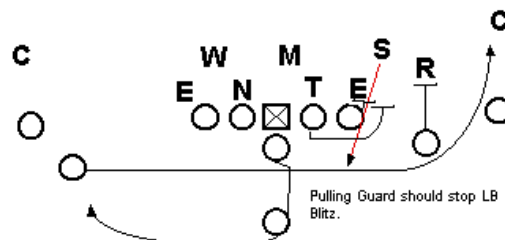
FS



SS Blitz

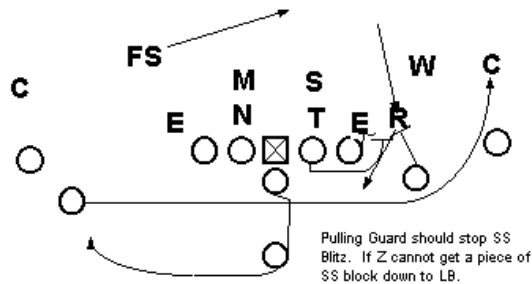
44/43 Defence

FS



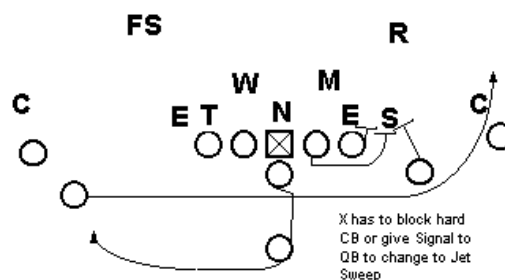
LB Slide

43 Cover 1



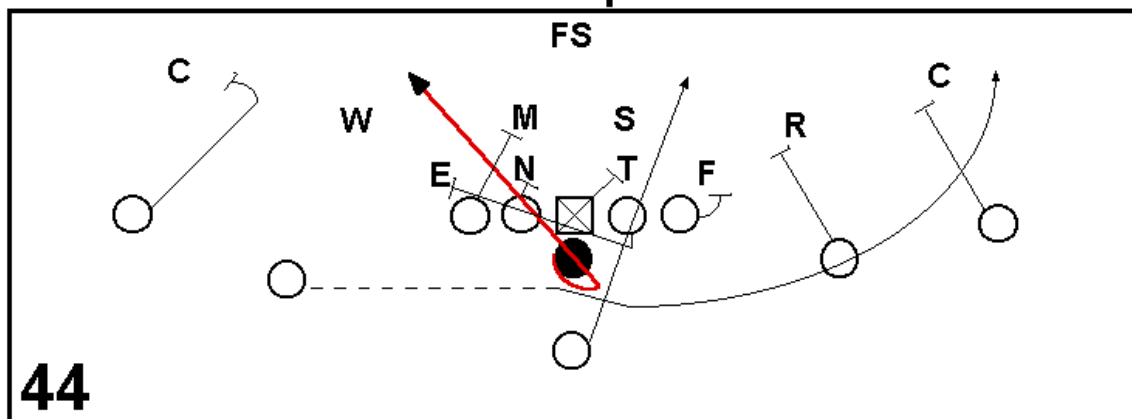
SS Rotation

52/34 Defense

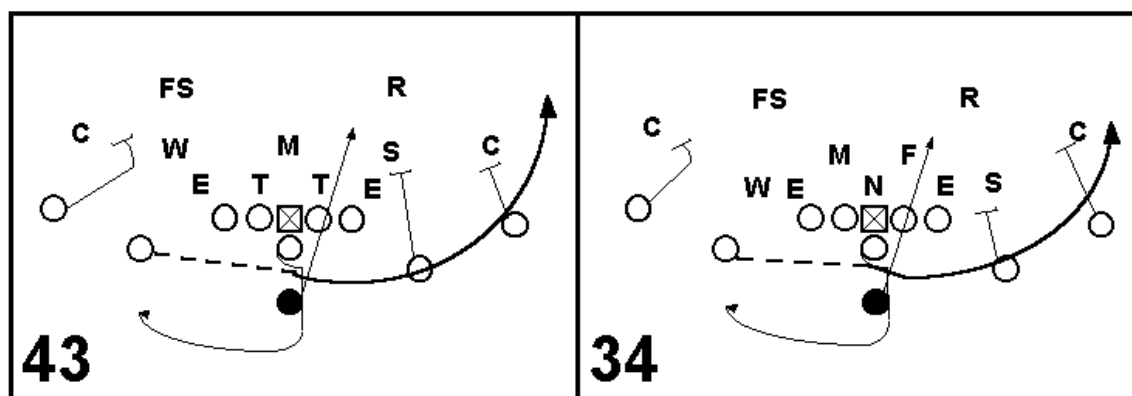


Hard CB Check Jet Sweep

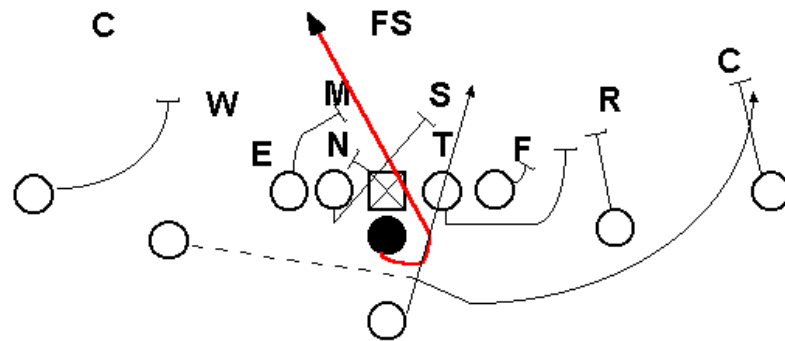
# H 13 Spinner



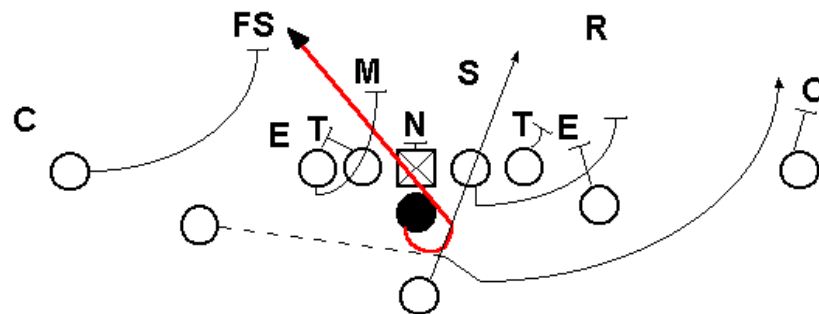
Playside Tackle	Playside Guard	Center	Backside Guard	Backside Tackle
Reach step, try to reach or push to sideline. Do not loose contact drive him anywhere he wants to go.	Pull and Trap DE. If he goes up field turn up for LB	Cover for Trapping Guard	Block DT toward Fly sweep flow	Block LB toward Fly sweep flow
Fullback	Halfback	Z Back	X & Y	Quarterback
Take handoff and follow Guard on Trap run to daylight up field	Motion to 2 yards behind QB fake Fly sweep and run to daylight. Watch for Blitzing SS	Stalk block SS, cut off his path on Blitz. Run off SS if you get bump or man coverage	Stalk block CB, cut off his path on Blitz. Run off CB if you get bump or man coverage	Motion H snapping ball when H reaches LT. Open to H and fake Fly Sweep with left hand. Let hand ride with H and give Trap to FB with same hand. Fake Bootleg or Pass



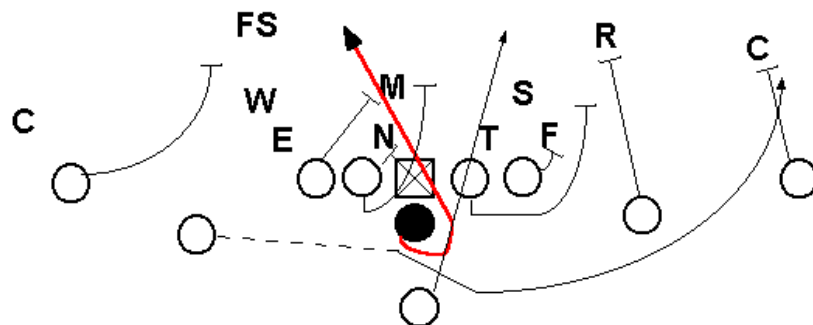
# Jet 11 Spin



**44 Cover 3**

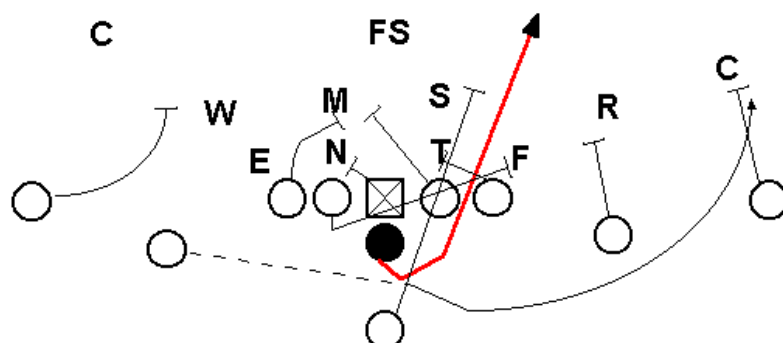


**52 Cover 2/4**

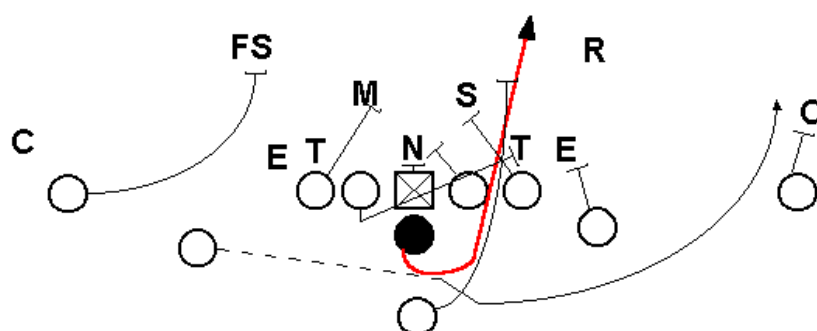


**43 Cover 2/4**

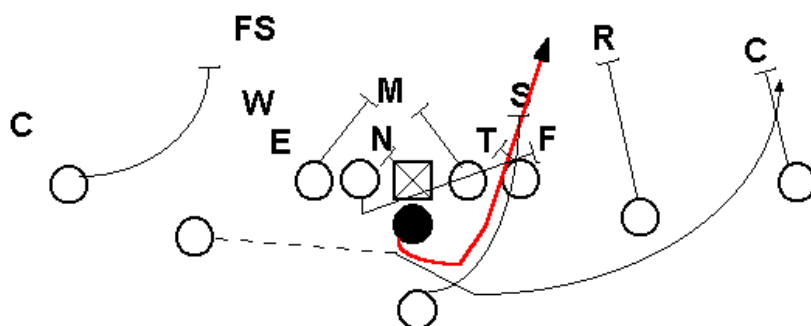
## Jet 16 Wham



**44 Cover 3**

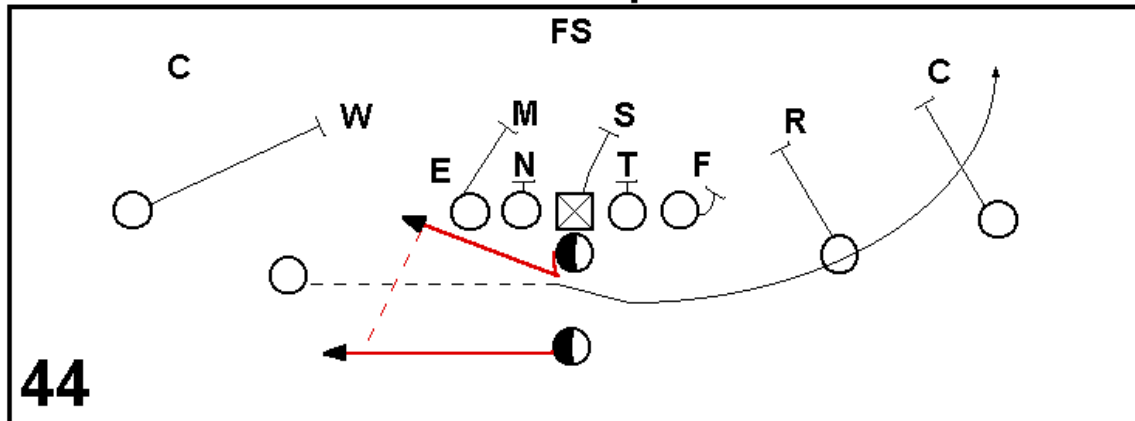


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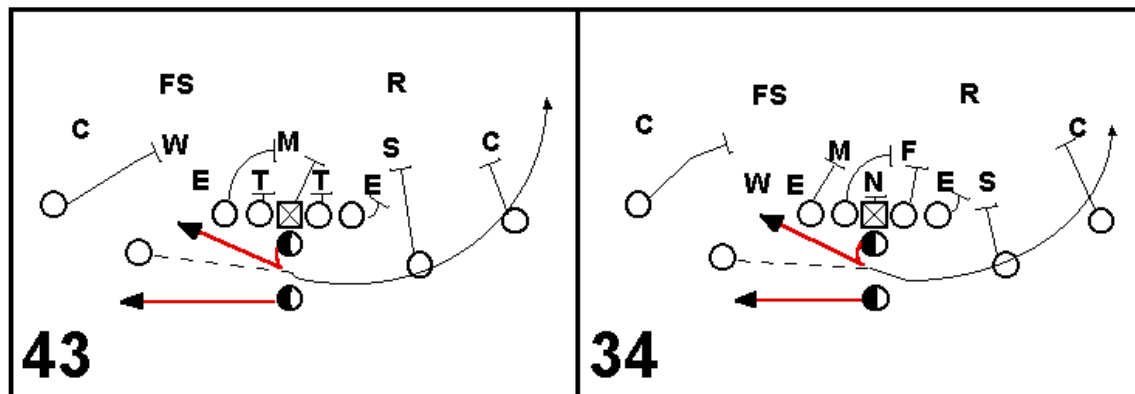


**43 Cover 2/4**

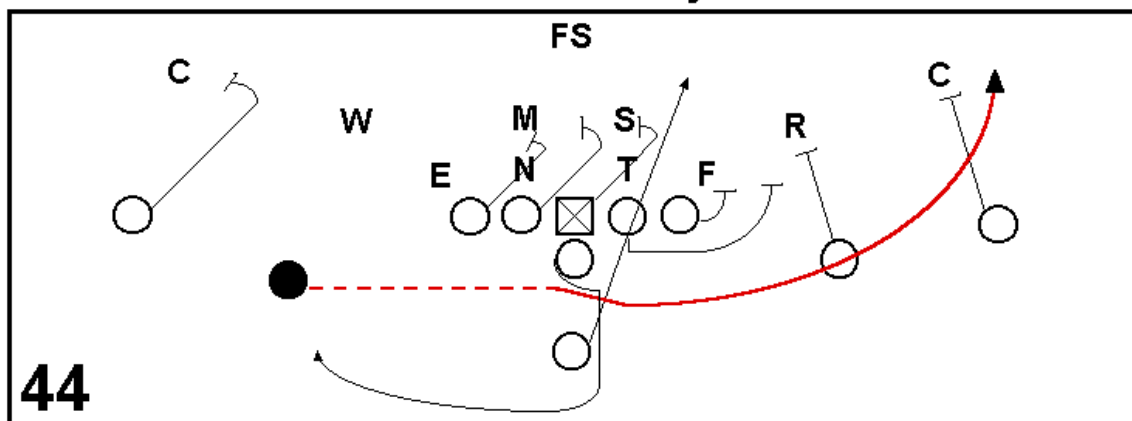
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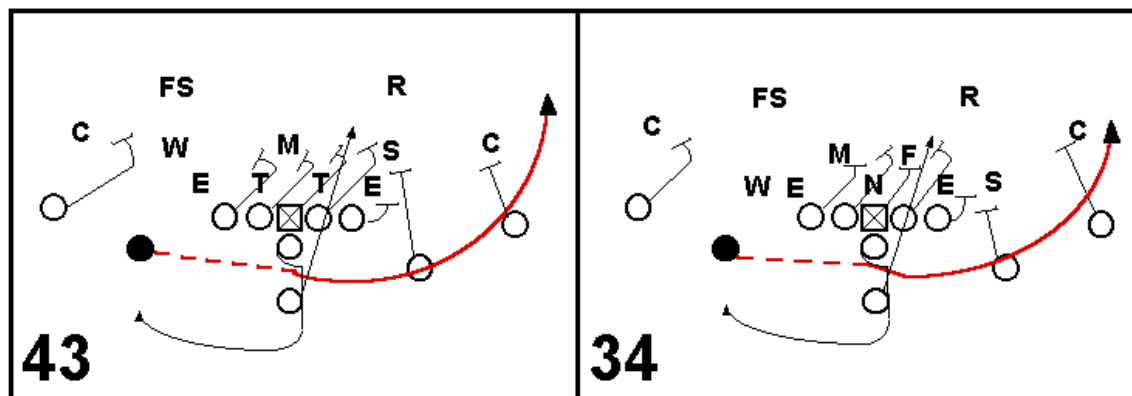
Playside Tackle	Playside Guard	Center	Backside Guard	Backside Tackle
Down block LB toward Fly sweep	Drive block DT toward Fly sweep	Block off side LB	Zone thru DT, if he slants inside cut him, Seal LB, cut off any pursuit.	Reach step, try to reach or push to sideline. Do not loose contact drive him anywhere he wants to go.
Fullback	Halfback	Z Back	X & Y	Quarterback
Pitch path with QB look for Pitch	Motion to 2 yards behind QB fake Fly	Stalk block SS, cut off his path on Blitz. Run off SS if you get bump or man coverage	Stalk block CB, cut off his path on Blitz. Run off SS if you get bump or man coverage	Motion H snapping ball when H reaches LT. Open to H and run Speed Option at DE. Keep or pitch to FB



# H 28 Fly

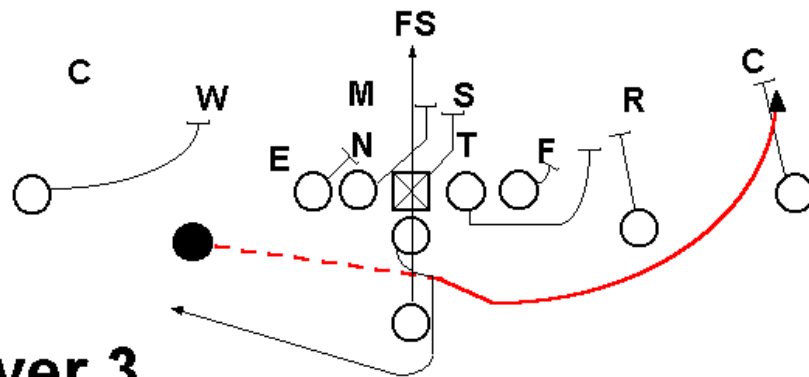


Playside Tackle	Playside Guard	Center	Backside Guard	Backside Tackle
Reach step, try to reach or push to sideline. Do not loose contact drive him anywhere he wants to go.	Pull and help PST on DE or look for SS Forcing. Look inside to seal LB.	Zone thru DT, if he slants inside cut him, Seal LB	Zone thru DT, if he slants inside cut him, Seal LB	Zone thru DT, if he slants inside cut him, Seal LB
Fullback	Halfback	Z Back	X & Y	Quarterback
Fake Dive thru B Gap make LB tackle you.	Motion to 2 yards behind QB take Fly and run to day light. Watch for Blitzing SS	Stalk block SS, cut off his path on Blitz. Run off SS if you get bump or man coverage	Stalk block CB, cut off his path on Blitz. Run off CB if you get bump or man coverage	Motion H snapping ball when H reaches LT. Open to H and give Fly Sweep with left hand. Let hand ride with H and fake Dive to FB with same hand. Fake Bootleg or Pass

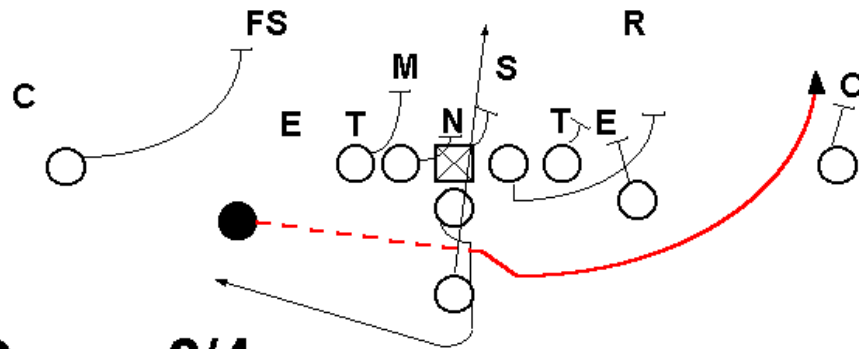




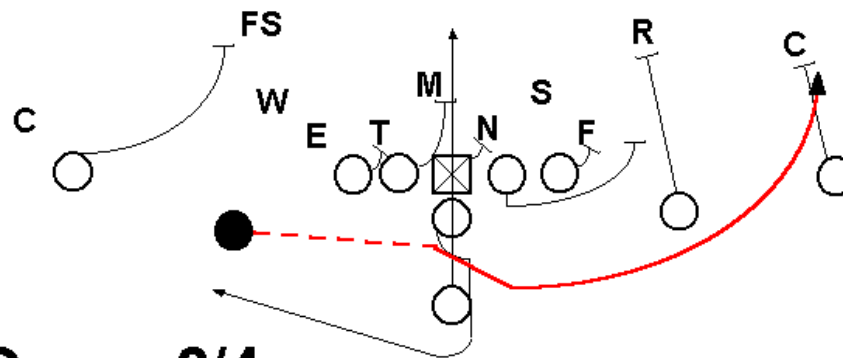
## Jet 28 G



**44 Cover 3**

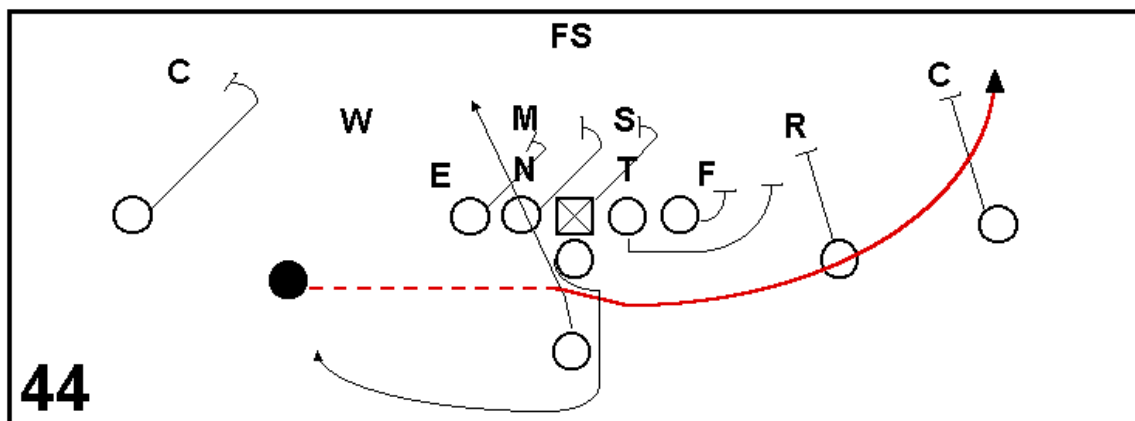


**52 Cover 2/4**

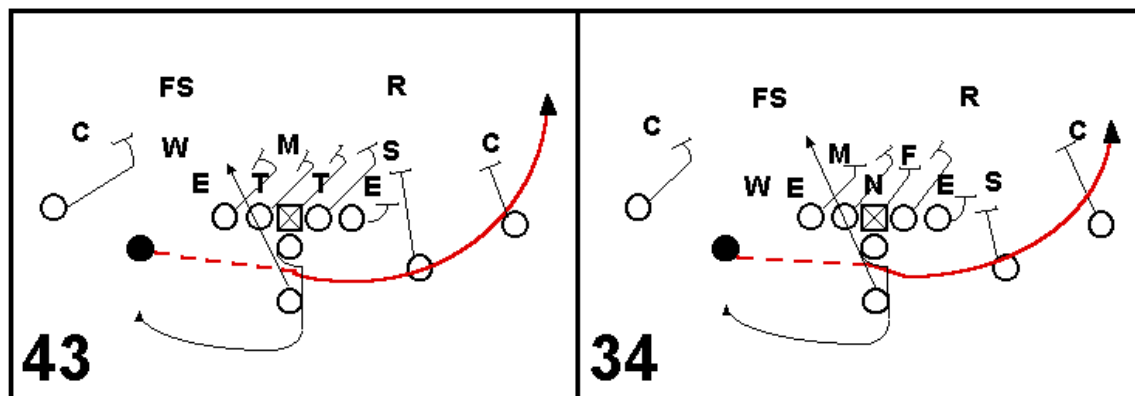


**43 Cover 2/4**

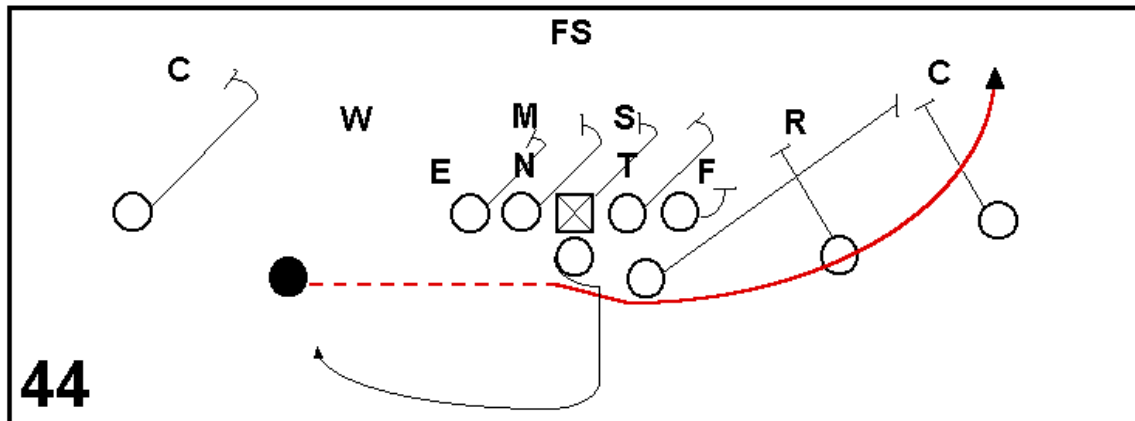
# H 28 Buck



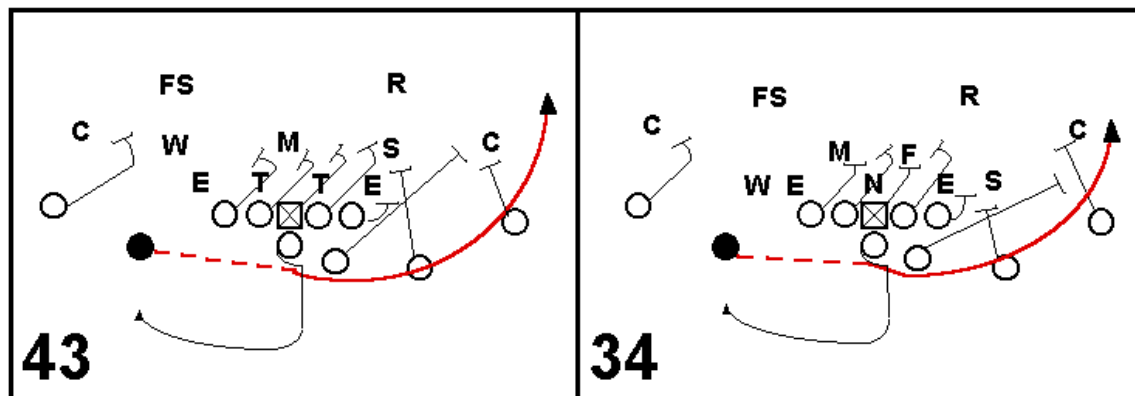
Playside Tackle	Playside Guard	Center	Backside Guard	Backside Tackle
Reach step, try to reach or push to sideline. Do not loose contact drive him anywhere he wants to go.	Pull and help PST on DE or look for SS Forcing. Look inside to seal LB.	Zone thru DT, if he slants inside cut him, Seal LB	Zone thru DT, if he slants inside cut him, Seal LB	Zone thru DT, if he slants inside cut him, Seal LB
Fullback	Halfback	Z Back	X & Y	Quarterback
Fake Dive thru weakside A Gap make LB tackle you.	Motion to 2 yards behind QB take Fly and run to day light. Watch for Blitzing SS	Stalk block SS, cut off his path on Blitz. Run off SS if you get bump or man coverage	Stalk block CB, cut off his path on Blitz. Run off CB if you get bump or man coverage	Motion H snapping ball when H reaches LT. Open to H and give Fly Sweep with left hand. Let hand ride with H and fake Dive to FB with same hand. Fake Bootleg or Pass



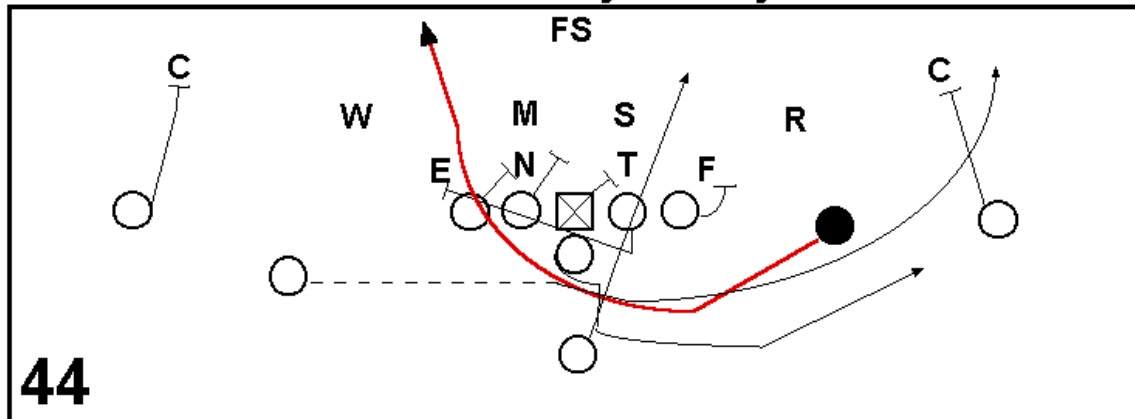
## H 28 Kick



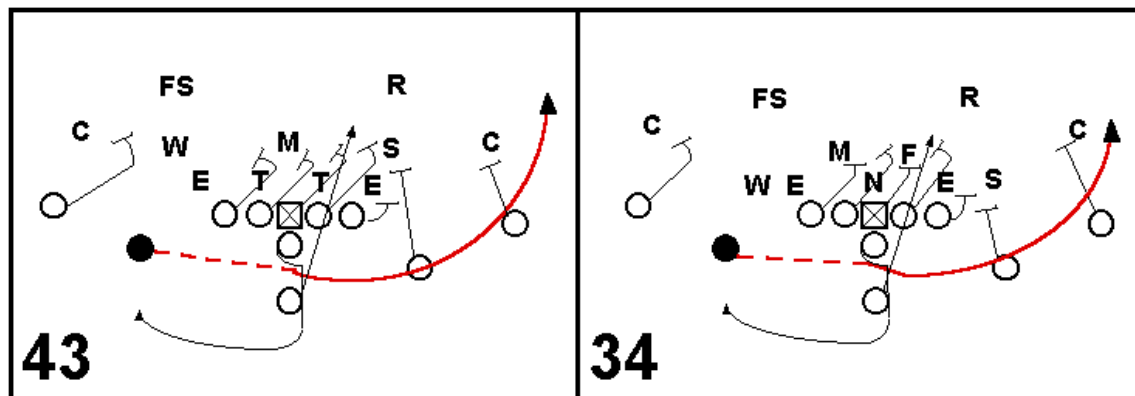
<b>Playside Tackle</b>	<b>Playside Guard</b>	<b>Center</b>	<b>Backside Guard</b>	<b>Backside Tackle</b>
Reach step, try to reach or push to sideline. Do not loose contact drive him anywhere he wants to go.	Zone thru DT, if he slants inside cut him, Seal LB, cut off any pursuit.	Zone thru DT, if he slants inside cut him, Seal LB	Zone thru DT, if he slants inside cut him, Seal LB	Zone thru DT, if he slants inside cut him, Seal LB
<b>Fullback</b>	<b>Halfback</b>	<b>Z Back</b>	<b>X &amp; Y</b>	<b>Quarterback</b>
Block CB	Motion to 2 yards behind QB take Fly and run to day light. Watch for Blitzing SS	Stalk block SS, cut off his path on Blitz. Run off SS if you get bump or man coverage	Stalk block CB, cut off his path on Blitz. Run off CB if you get bump or man coverage	Motion H snapping ball when H reaches LT. Open to H and give Fly Sweep with left hand. Let hand ride with H and fake Dive to FB with same hand. Fake Bootleg or Pass



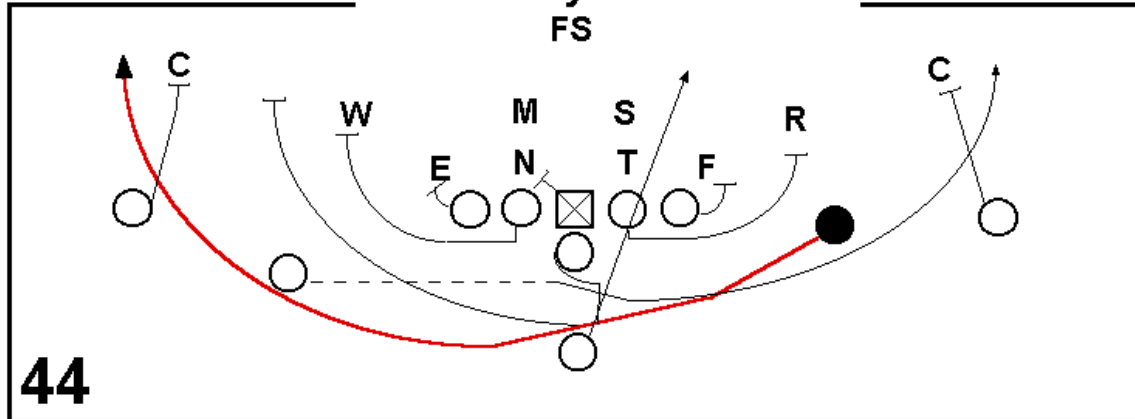
# H 28 Fly Sally



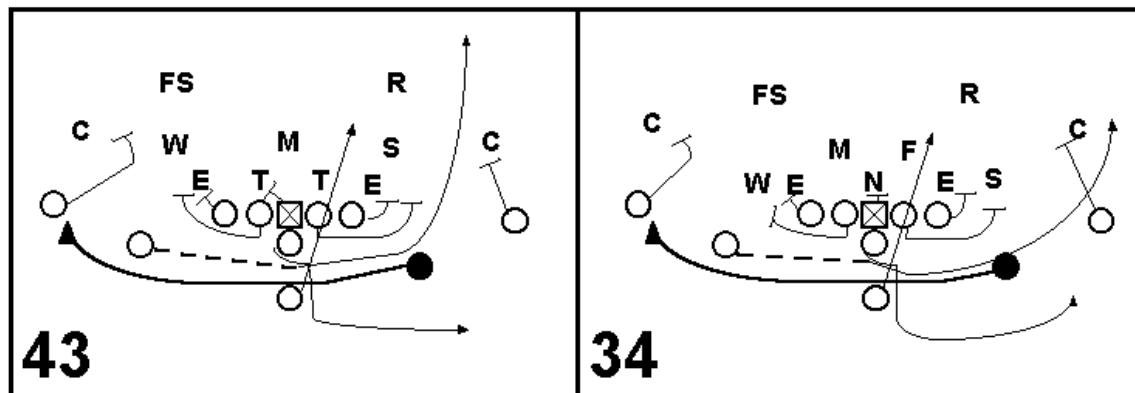
Playside Tackle	Playside Guard	Center	Backside Guard	Backside Tackle
Block Inside Gap	Block Inside Gap	Cover fo Trapping Guard	Pull and Trap DE	Sucker Reach DE.
Fullback	Halfback	Z Back	X & Y	Quarterback
Fake Dive thru B Gap make LB tackle you.	Motion to 2 yards behind QB fake Fly	Take Sally and follow Guard.	Stalk block CB, cut off his path on Blitz. Run off CB if you get bump or man coverage	Motion H snapping ball when H reaches LT. Open to H and fake Fly Sweep with left hand. Let hand ride with H and fake Dive to FB with same hand. Give Sally to Z



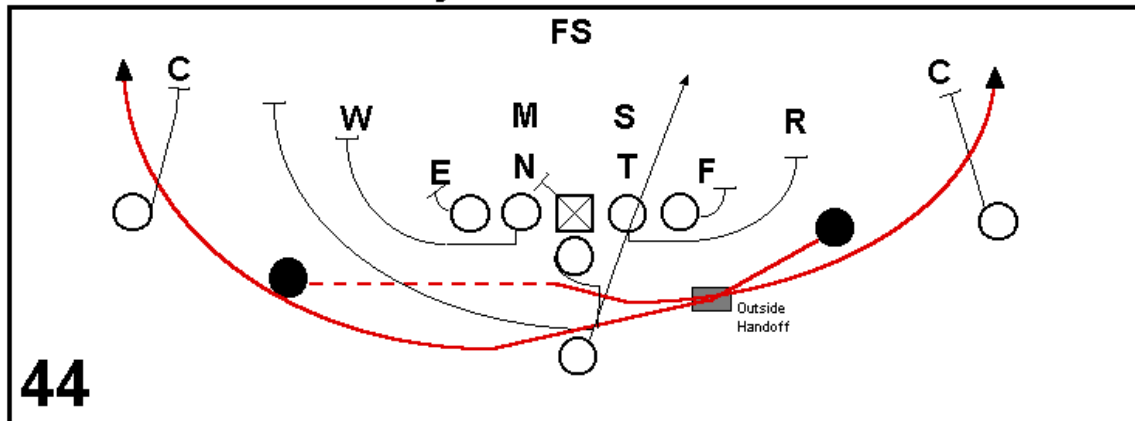
# H 28 Fly Reverse



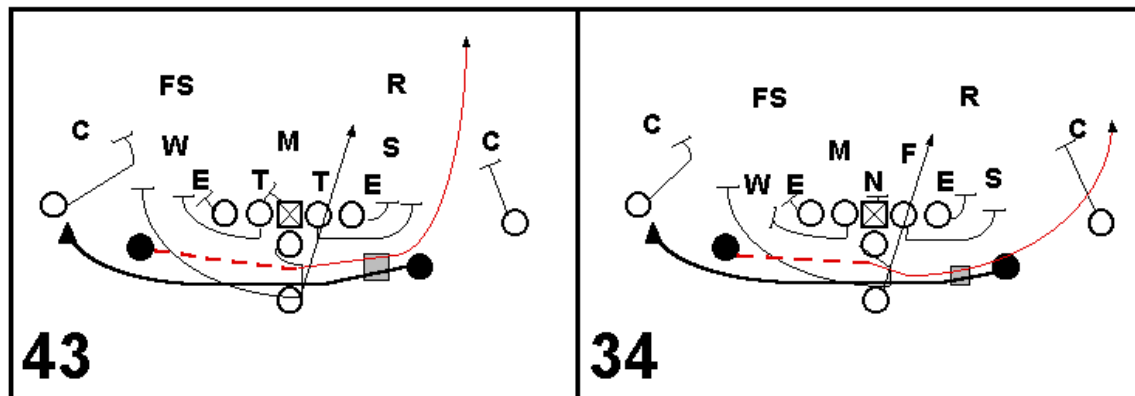
Playside Tackle	Playside Guard	Center	Backside Guard	Backside Tackle
Reach step, try to reach or push to sideline. Do not loose contact drive him anywhere he wants to go.	Pull and help PST on DE or look for SS Forcing. Look inside to seal LB.	Protect Weakside A Gap. Block DT to flow	Pull and help BST on DE or look for SS Forcing. Look inside to seal LB.	Sucker Reach DE.
Fullback	Halfback	Z Back	X & Y	Quarterback
Fake Dive thru B Gap make LB tackle you.	Motion to 2 yards behind QB fake Fly	Take Reverse and follow blockers.	Stalk block CB, cut off his path on Blitz. Run off CB if you get bump or man coverage	Motion H snapping ball when H reaches LT. Open to H and give Fly Sweep with left hand. Let hand ride with H and fake Dive to FB with same hand. Block for Reverse



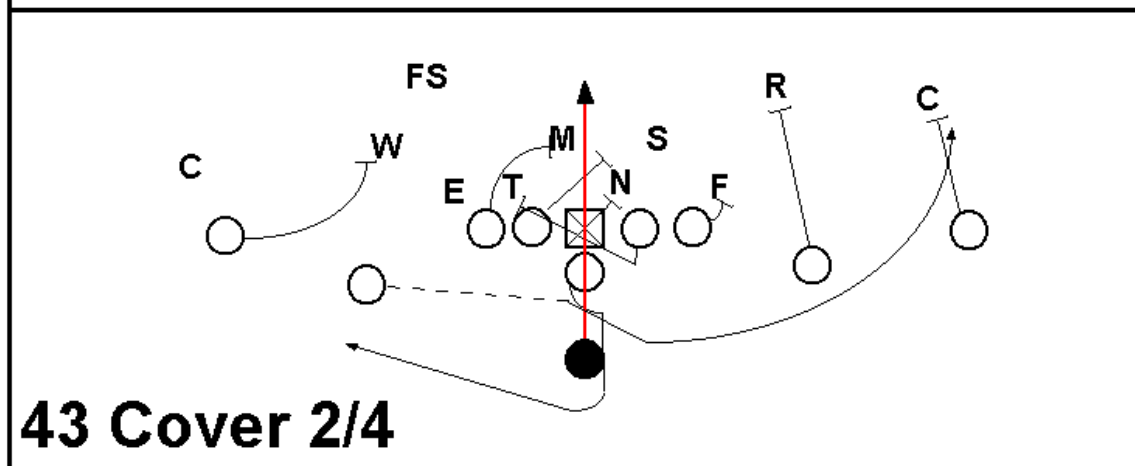
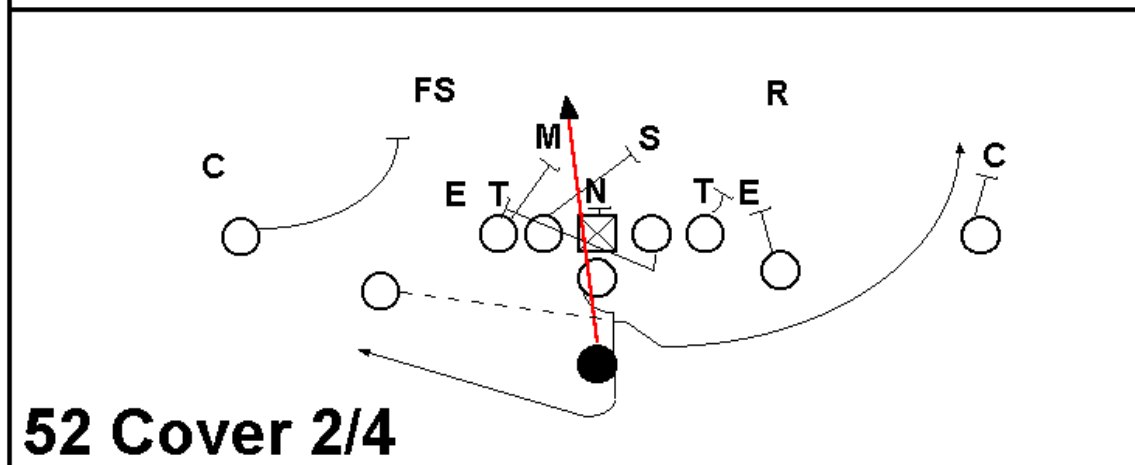
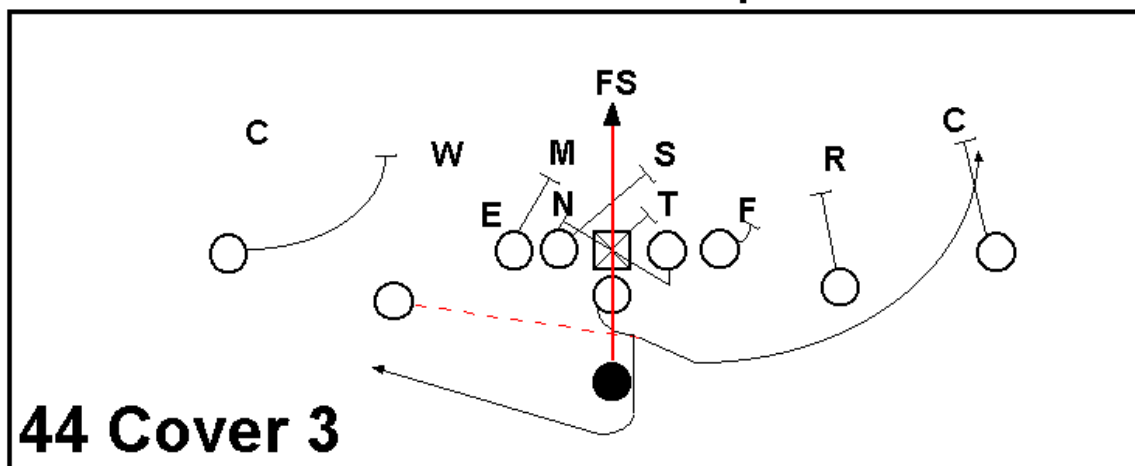
# H 28 Fly Double Reverse



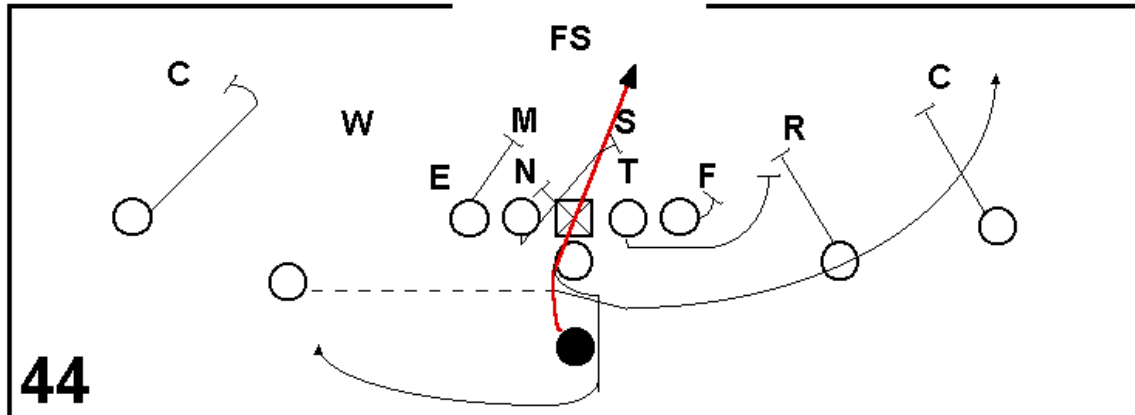
Playside Tackle	Playside Guard	Center	Backside Guard	Backside Tackle
Reach step, try to reach or push to sideline. Do not loose contact drive him anywhere he wants to go.	Pull and help PST on DE or look for SS Forcing. Look inside to seal LB.	Protect Weakside A Gap. Block DT to flow	Pull and help BST on DE or look for SS Forcing. Look inside to seal LB.	Sucker Reach DE.
Fullback	Halfback	Z Back	X & Y	Quarterback
Fake Dive thru B Gap make LB tackle you.	Motion to 2 yards behind QB take Fly and handoff Reverse to Z.	Take Reverse and follow blockers.	Stalk block CB, cut off his path on Blitz. Run off CB if you get bump or man coverage	Motion H snapping ball when H reaches LT. Open to H and give Fly Sweep with left hand. Let hand ride with H and fake Dive to FB with same hand. Block for Reverse



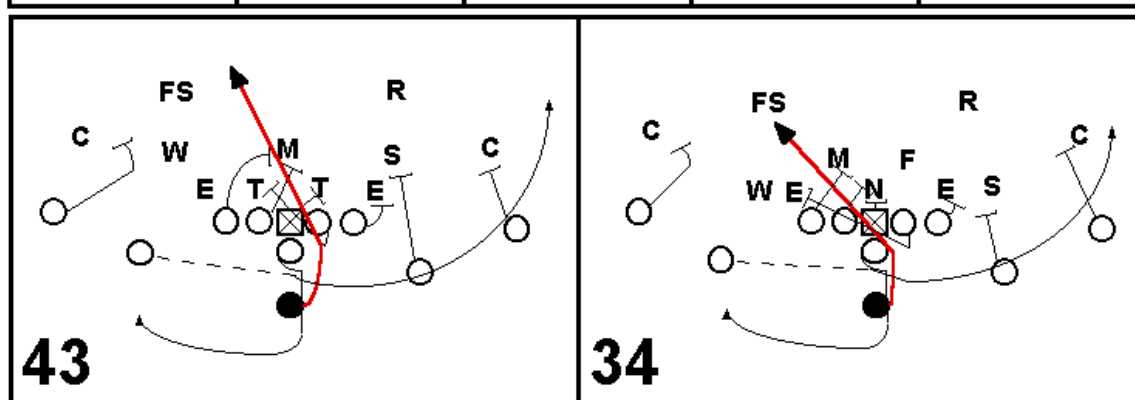
# Jet 31Trap



# H 32 Gut

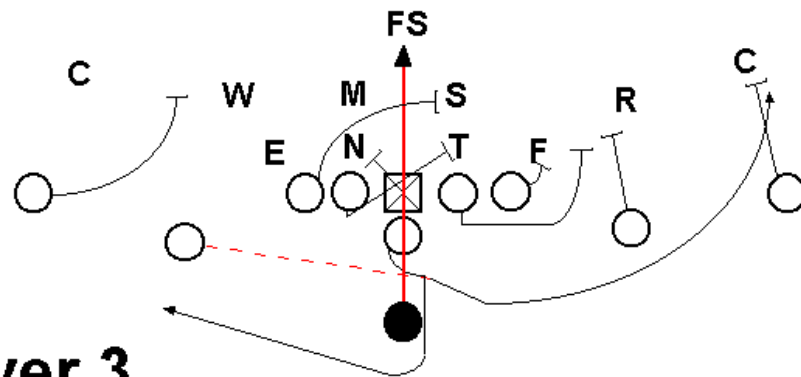


Playside Tackle	Playside Guard	Center	Backside Guard	Backside Tackle
Reach step, try to reach or push to sideline. Do not loose contact drive him anywhere he wants to go.	Pull and help PST on DE or look for SS Forcing. Look inside to seal LB.	Cover for Trapping Guard	Pull and Trap LB. Look for DT not following pulling Guard	Block LB toward Fly sweep flow
Fullback	Halfback	Z Back	X & Y	Quarterback
Take handoff and follow Guard on Trap run to daylight up field	Motion to 2 yards behind QB fake Fly sweep and run to day light. Watch for Blitzing SS	Stalk block SS, cut off his path on Blitz. Run off SS if you get bump or man coverage	Stalk block CB, cut off his path on Blitz. Run off CB if you get bump or man coverage	Motion H snapping ball when H reaches LT. Open to H and fake Fly Sweep with left hand. Let hand ride with H and give Trap to FB with same hand. Fake Bootleg or Pass

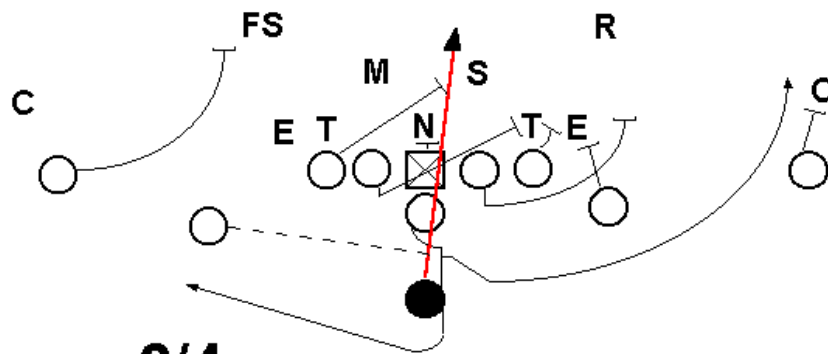




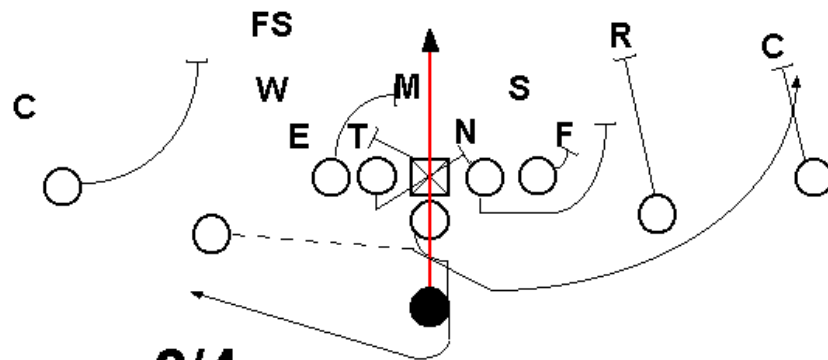
## Jet 32 Trap



**44 Cover 3**



**52 Cover 2/4**



**43 Cover 2/4**

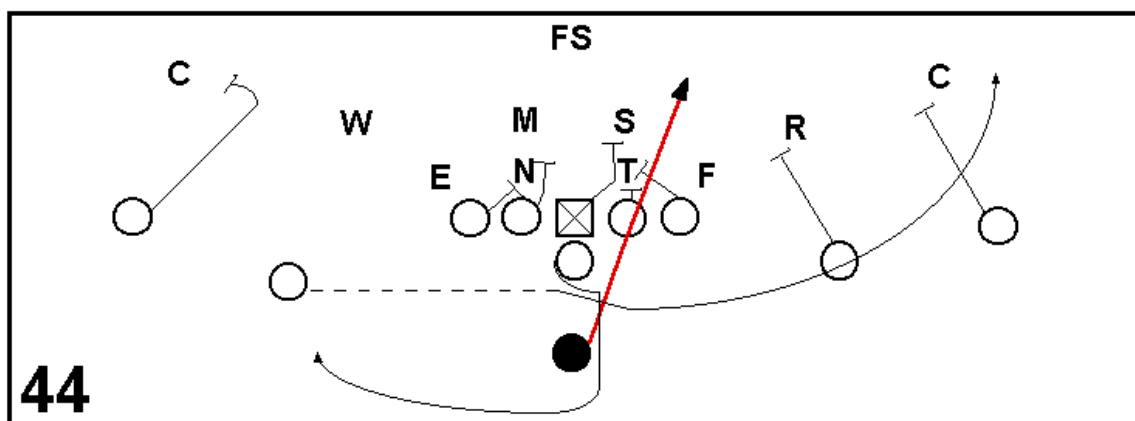
## 33 Belly



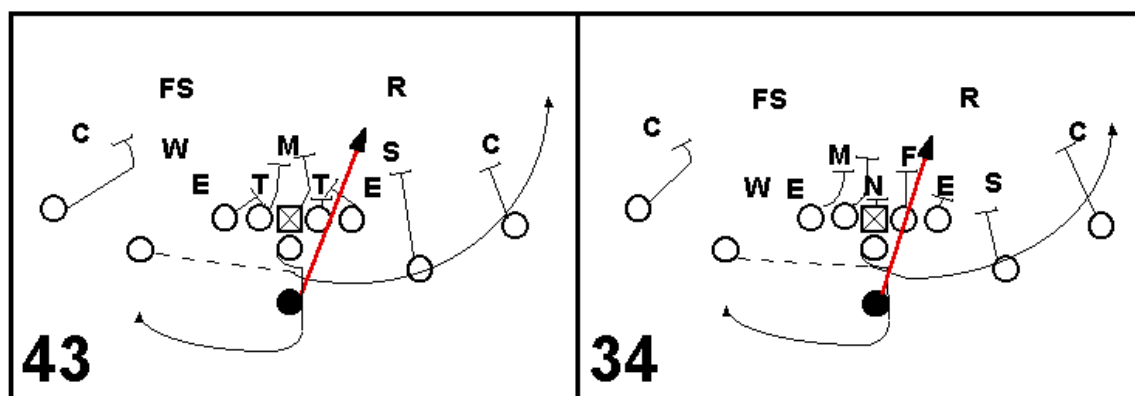
Playside Tackle	Playside Guard	Center	Backside Guard	Backside Tackle
Block DE Outside	Drive DT	Protect A Gap	Pull and help PST on DE or look for SS Forcing. Look inside to seal LB.	Reach step, try to reach or push to sideline. Do not loose contact drive him anywhere he wants to go.
Fullback	Halfback	Z Back	X & Y	Quarterback
Fake Dive thru weakside A Gap make LB tackle you.	Motion to 2 yards behind QB take Fly and run to day light. Watch for Blitzing SS	Stalk block SS, cut off his path on Blitz. Run off SS if you get bump or man coverage	Stalk block CB, cut off his path on Blitz. Run off CB if you get bump or man coverage	Motion H snapping ball when H reaches LT. Open to H and give Fly Sweep with left hand. Let hand ride with H and fake Dive to FB with same hand. Fake Bootleg or Pass



# H 34 Dive



Playside Tackle	Playside Guard	Center	Backside Guard	Backside Tackle
Double Team down to LB. T/G are responsible for DT & LB	Double Team DT with OT. T/G are responsible for DT & LB	Zone thru DT, if he slants inside cut him, Seal LB	Zone thru DT, if he slants inside cut him, Seal LB	Zone thru DT, if he slants inside cut him, Seal LB
Fullback	Halfback	Z Back	X & Y	Quarterback
Take Dive thru B Gap run to daylight	Motion to 2 yards behind QB fake Fly	Stalk block SS, cut off his path on Blitz. Run off SS if you get bump or man coverage	Stalk block CB, cut off his path on Blitz. Run off SS if you get bump or man coverage	Motion H snapping ball when H reaches LT. Open to H and fake Fly Sweep and give Dive to FB. Fake Bootleg or Pass



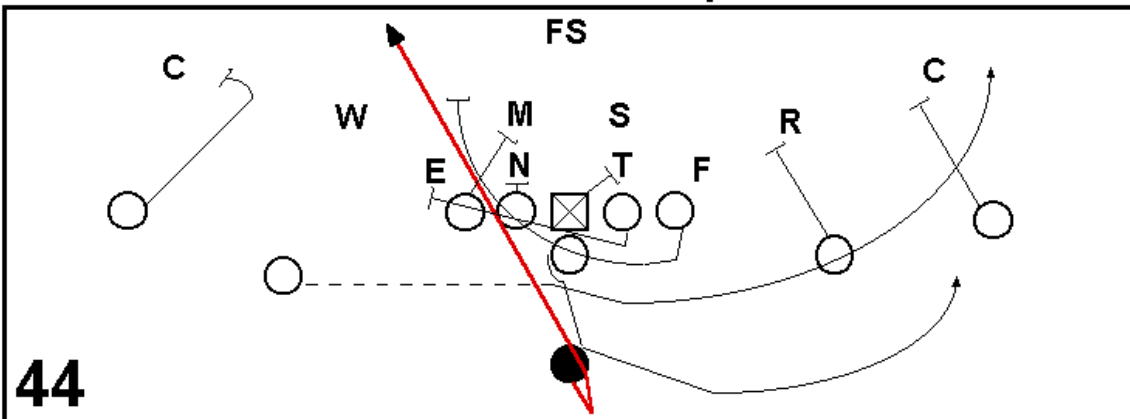
## H 34 Zone



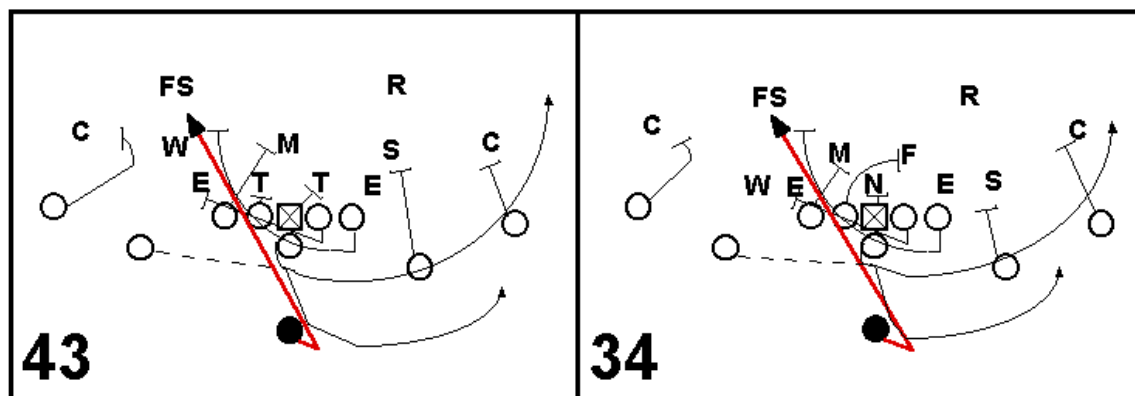
Playside Tackle	Playside Guard	Center	Backside Guard	Backside Tackle
Reach step, try to reach or push to sideline. Do not loose contact drive him anywhere he wants to go.	Zone thru DT, if he slants inside cut him, Seal LB, cut off any pursuit.	Zone thru DT, if he slants inside cut him, Seal LB	Zone thru DT, if he slants inside cut him, Seal LB	Zone thru DT, if he slants inside cut him, Seal LB
Fullback	Halfback	Z Back	X & Y	Quarterback
Dive thru B Gap, take ball and run to daylight	Motion to 2 yards behind QB fake Fly	Stalk block SS, cut off his path on Blitz. Run off SS if you get bump or man coverage	Stalk block CB, cut off his path on Blitz. Run off SS if you get bump or man coverage	Motion H snapping ball when H reaches LT. Open to H and fake Fly Sweep and give Dive to FB. Fake Bootleg or Pass



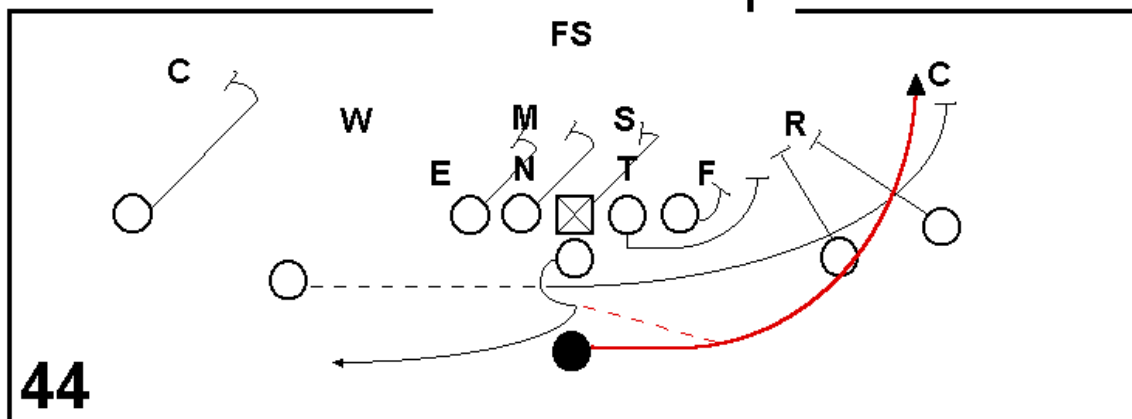
## H 35 Gap



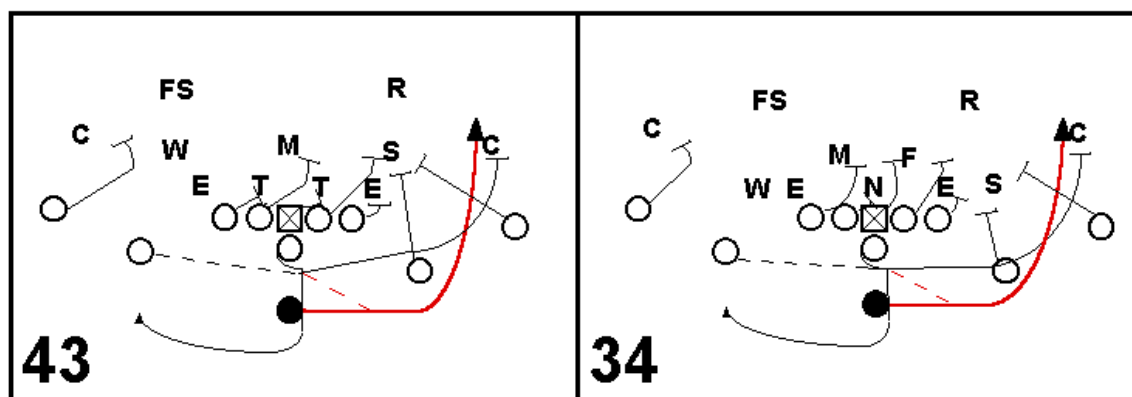
Playside Tackle	Playside Guard	Center	Backside Guard	Backside Tackle
Fullback	Halfback	Z Back	X & Y	Quarterback
	Motion to 2 yards behind QB take Fly and run to day light. Watch for Blitzing SS	Stalk block SS, cut off his path on Blitz. Run off SS if you get bump or man coverage	Stalk block CB, cut off his path on Blitz. Run off SS if you get bump or man coverage	



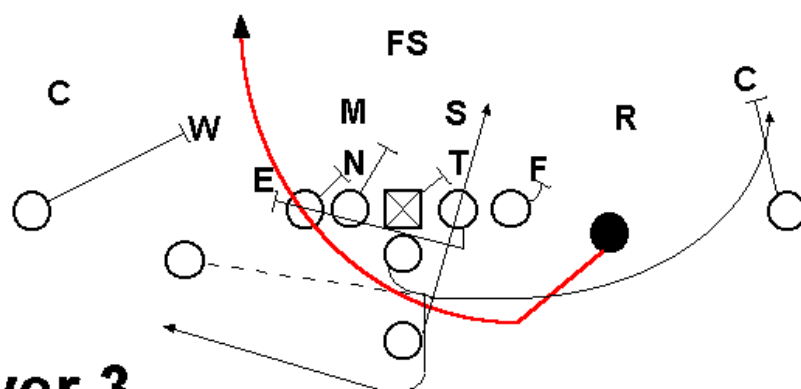
# H 38 Sweep



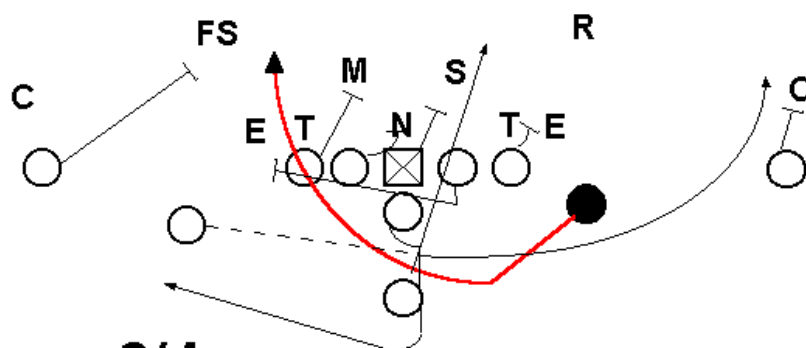
Playside Tackle	Playside Guard	Center	Backside Guard	Backside Tackle
Reach step, try to reach or push to sideline. Do not loose contact drive him anywhere he wants to go.	Zone thru DT, if he slants inside cut him, Seal LB, cut off any pursuit.	Zone thru DT, if he slants inside cut him, Seal LB	Zone thru DT, if he slants inside cut him, Seal LB	Zone thru DT, if he slants inside cut him, Seal LB
Fullback	Halfback	Z Back	X & Y	Quarterback
	Motion to 2 yards behind QB fake Fly and lead block for FB on sweep	Stalk block SS, cut off his path on Blitz. Run off SS if you get bump or man coverage	Stalk block CB, cut off his path on Blitz. Run off SS if you get bump or man coverage	Motion H snapping ball when H reaches LT. Open to H and fake Fly Sweep and pitch vball to FB on sweep. Fake Bootleg or Pass



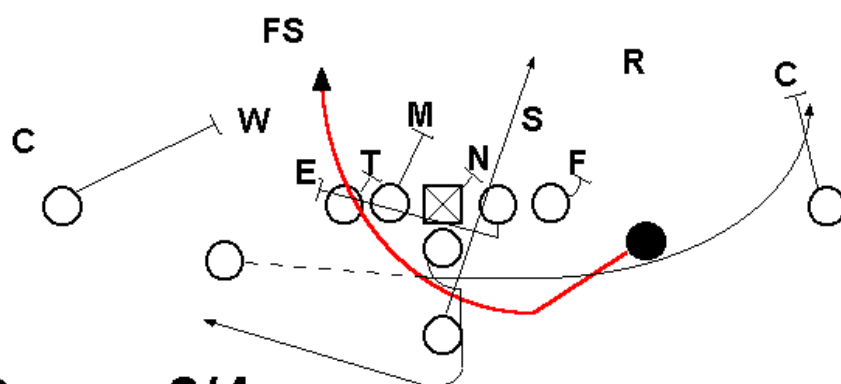
# Jet 45 Sally



**44 Cover 3**



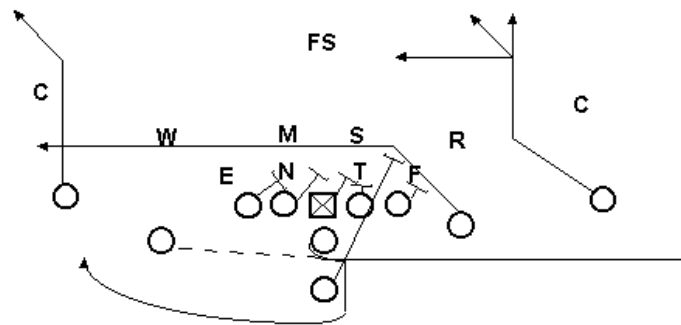
**52 Cover 2/4**



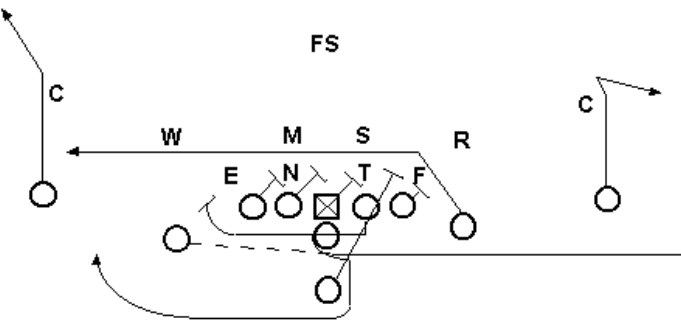
**43 Cover 2/4**

# Fly Bootlegs

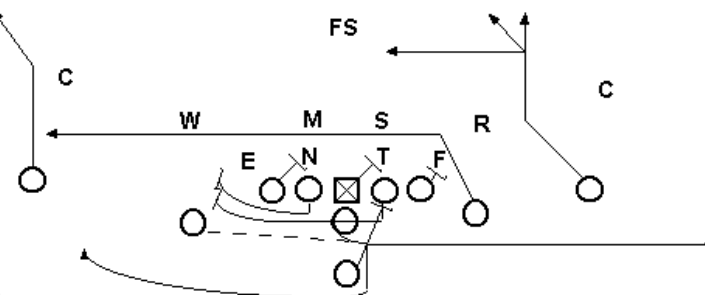
**Naked**



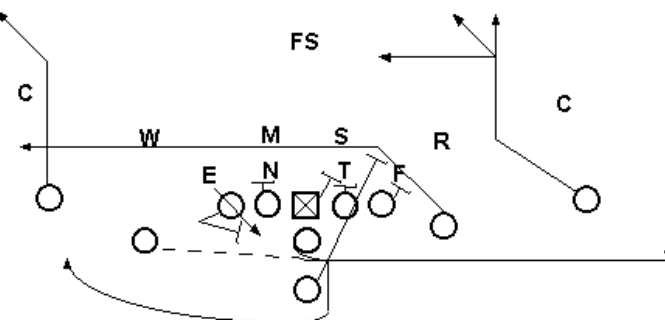
**Boot**



**Waggle**

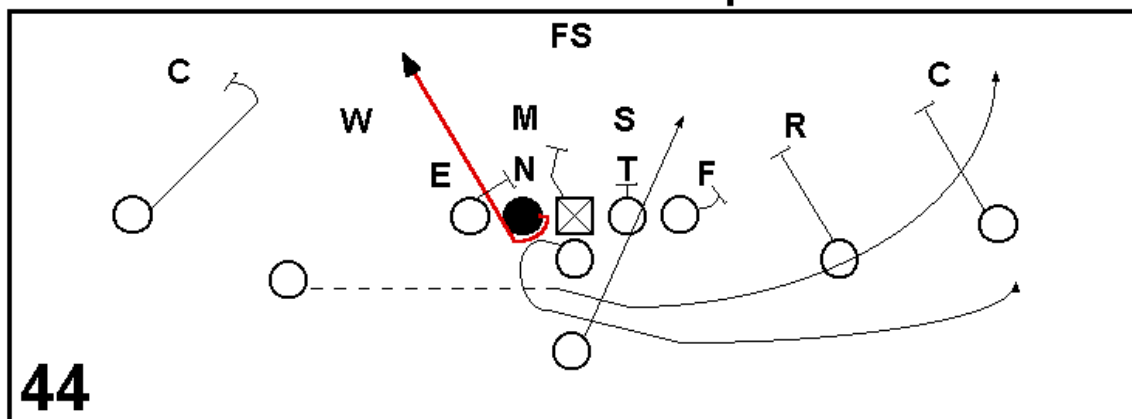


**Sucker**





# H Left Guard Special



Playside Tackle	Playside Guard	Center	Backside Guard	Backside Tackle
Reach step, try to reach or push to sideline. Do not loose contact drive him anywhere he wants to go.	Drive DT toward Fly Sweep	Block Left A Gap to LB, protect left guard	Turn around and recieve ball bend over and wait for DE to come up field. then drop step and run up field	Block down and protect anyone on left guard
Fullback	Halfback	Z Back	X & Y	Quarterback
Fake Dive thru B Gap make LB tackle you.	Motion to 2 yards behind QB fake Fly	Stalk block SS, cut off his path on Blitz. Run off SS if you get bump or man coverage	Stalk block CB, cut off his path on Blitz. Run off SS if you get bump or man coverage	Give ball to Left Guard and follow the Fly sweep on a roll out pass

